



## How to Pack for Camp Peniel

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Wilderness and Expedition campers, make sure you do not miss the additional list on page 2!

### What to bring to camp:

- Bedding:** Sleeping bag (or blankets) and a pillow
- Toiletries:** Towels, face cloth, toothbrush, toothpaste, soap, shampoo, deodorant (if applicable), and sun screen. If for any reason you do not wish for your child to use sunscreen products (ie: for allergy reasons), please inform the camp of this in writing.
- Clothing:** Pants / jeans / shorts, lots of socks and underwear, full t-shirts for wearing and for swimming (covering your shoulders, back, and belly as much as possible in accordance with our Sun Protection Policy), a complete set of pajamas (with both a top and bottom), hat, rain gear, a bathing suit, appropriate footwear, and dress-up clothes for banquet (if desired). Please do not send any clothes that you would be upset if they came home damaged.
- Other:** Bible (if available), homesick medicines (teddy bear, etc.), bug spray, a positive attitude, a willing spirit, and a sense of humour.

### What to leave at home:

Mobile phones, iPods, iPads/tablets, Gameboys / DS, chewing gum, water guns, or anything valuable.

Parents, PLEASE do not send junk food parcels. We do our best to make sure that our guests with allergies are as safe as possible.

## **Wilderness Camp:**

Wilderness camp is a wonderful time spent out in the glory and beauty of God's wonderful creation. The natural environment is the place in which we were created to be. Wilderness camp is an off-site adventure where campers will spend the full week in the woods. As such, there are particular items that you will need to pack in preparation in order to make wilderness camp as enjoyable as possible.

Tent (or hammock) and tarp, warm sleeping bag, pillow

Dishes (plate, cup, bowl, utensils) in a mesh bag, water bottle

Warm clothes (including extra clothes in case you get wet), spare shoes, rain gear (including rubber boots), bathing suits, towels, hat

Toothbrush, toothpaste, comb/brush, soap, deodorant

Bible, fishing equipment (if desired)

Notes:

1. If bringing a hammock, a hammock with a bug net is preferable.
2. If the camper has a sibling or same gendered friend that they want to share a tent with, that is fine.
3. Please note that no electronic devices, or knives are requested.
4. Any phones/devices deemed necessary should be brought to the director.
5. All directors will have radios and or phones available if necessary.

## **Expedition Camp:**

Expedition camp is a step up in challenge from the standard wilderness camp. A far greater focus will be on foraging and preparing food and shelter from the wilderness. Lessons in LNT and survival will be taught and practiced. The gear list presented here is for campers and staff alike.

A tent or hammock and tarp. (Either option must have a bug net of some sort)

Sleeping gear, personal clothing, a hat

A cooking pot with a handle to hang it by (not a plastic handle) 1 litre minimum - a cover is an asset.

Personal mess kit with a water bottle, (canteen or Nalgene, 1 litre minimum)

Basic fishing kit, (Hooks/line/sinkers), 1 belt knife, and 1 pocket folder knife

Bible and note pad, pencil, and spare pencil.

Personal comfort items, (Hygiene, bug spray, sunscreen)

Notes:

1. Cell phones or digital cameras are allowed, but should be off network, (remove sim cards). Leaders will have radios and cell enabled phones in case contact is needed with the outside world.
2. We would suggest some pre-work. On Youtube check out Joe Robinet, Zach Fowler, and Bushcraft bear. Each of these youtubers have great channels which outline some of the skills we will be developing.